

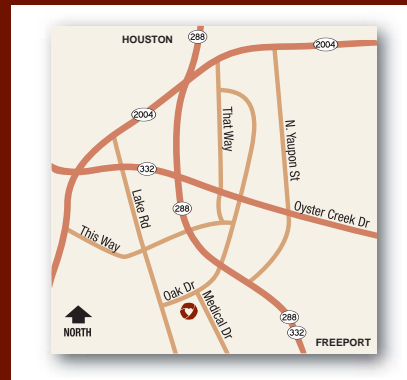
Brazosport Cardiology is the main group that supports Brazosport Regional Cardiac Care Services which includes Scott Harris, MD, Nabil Baradhi, MD, and Medical Director, Alpesh Shah, MD. Their mission is to provide the highest level of expertise in dealing with the diseases of the heart and blood vessels. To make an appointment at Brazosport Cardiology, please call 979-297-5481.

The Cardiovascular Associates of Lake Jackson provides cardiovascular services for the cardiac care department. Dr. Cornelius Dyke, a cardiovascular surgeon, joined the Lake Jackson medical community on a full time basis and is assisted by Drs. Bhatia and Pickett in providing advanced cardiovascular and cardiothoracic interventional surgical services. To contact the Cardiovascular Associates of Lake Jackson please call 979-297-1500.



Located on a beautiful 25 acre campus in Lake Jackson, Texas, Brazosport Regional offers state of the art diagnostic and comprehensive treatment services with care and compassion. Our highly skilled team of medical professionals is here 24 hours a day, 7 days a week to meet our communities ever changing healthcare needs. For you and your family, it all adds up to the *The Right Care.*

*Right Here.*



**Brazosport**  
REGIONAL HEALTH SYSTEM

**Cardiac Care Services**

Phone: (979) 285-1988

Fax: (979) 285-1844

**Cardiac Rehabilitation**

Outpatient Rehabilitation Clinic  
(Located in the Hospital Annex Building  
across from the Women's Center)

Phone: (979) 285-1987

Fax: (979) 285-1425

[www.BrazosportRegional.org](http://www.BrazosportRegional.org)

100 Medical Drive  
Lake Jackson, TX 77566



**Cardiac Care  
Center**

**When Seconds  
Count**



**Brazosport**  
REGIONAL HEALTH SYSTEM



Heart disease is the number one killer in the United States and as the county's population continues to grow, the need for critical healthcare services also increases. As part of our mission to provide the highest quality of health care for the communities we serve, we are dedicated to providing an innovative and unmatched cardiovascular program. Our comprehensive cardiac care program will improve the quality of life of the citizens locally and features:

#### Cardiology Procedures:

- Stress Testing
- Echocardiography
- Diagnostic and Interventional Cardiac Catheterization
- Peripheral Vascular Angioplasty, Stent Placement & Atherectomy

#### Cardiovascular Procedures:

- Coronary Artery Bypass Grafting- Both On and Off-Pump
- Mitral Valve Repair
- Aortic Valve Replacement
- Aortic Aneurysm Repair
- Surgical Treatment of Atrial Fibrillation ("Maze" Procedure)

#### Cardiothoracic Procedures:

- Lung Resections
- Video Assisted Thoracic Surgery (VATS)
- Minimally Invasive Lung Surgery
- Thoracoscopy

Providing high-tech cardiac services, close to home, is essential in saving the lives of our community members who are affected by heart related medical conditions.

When seconds count, Brazosport Regional offers enhanced services, state of the art facilities and a team of highly skilled medical professionals. Our cardiac care program also offers a vast array of services including education, wellness, diagnostic, and rehabilitative services.

***Your heart pumps about  
3 billion times in the  
average lifetime***

## Cardiac Rehabilitation

We offer 3 Phases of Cardiac Rehabilitation to provide you a full range of services. Cardiac Rehabilitation is designed to help patients with heart disease recover faster from cardiac surgical procedures, maximize quality of life and return to full and productive lives. Our goal is to reduce your chances of another occurrence of heart problems.

### Phase 1

Phase I Cardiac Rehabilitation is cardiac exercise with clinical professionals during a hospitalization for cardiac related conditions. This phase is designed for individuals to receive low-level exercise and allow you to benefit from early mobilization and exercise, thereby reducing your length of stay in the hospital.

### Phase 2

Phase II Cardiac Rehabilitation is a 12-18 week hospital-based program that begins approximately 2-4 weeks after discharge. This phase emphasizes monitoring your heart with continuous ECG while using exercise equipment including treadmills, bicycles, recumbent bikes, weight training and arm ergometer. Your exercise plan will be based on your individual ability, needs and interests. Plus, you will receive education, counseling and training to help you understand your heart condition and find ways to reduce your risk of future heart problems.

### Phase 3

Phase III Cardiac Rehabilitation is for patients who have completed Phase II and wish to continue cardiac conditioning. It is designed for individuals who have known risk factors for heart disease and requires medical clearance to participate. While exercising, all participants will be supervised by clinical professionals.